

PADAS WHITEWATER RAFTING GRADE: 3 & 4



ITINERARY (TMH)

- 04.00am :** Estimated pickup from Hotel (Proceed to Tenom journey approximately 2.5hrs)
- 07.30 am :** Arrive at Tenom Train Station. Proceed Base Camp (Pangi).
- 09:30am :** Arrive Base Camp . Proceed for Safety Briefing and session started after briefing finish.
- 10:00am :** Rafting session started. Estimated paddling around 2 - 3 hours .
- 12.30pm:** Estimate arrival time at base camp. Have lunch
- 1:30pm:** Proceed back to Tenom train station.
- 2:30pm:** Arrive Tenom Railway Station and proceed back to Kota Kinabalu approximately 3hrs.

PACAKAGE RATE

Adult: RM 280 (Min. 2 PAX)

Includes

- Return land transfers **(Sharing basis)**
- Safety and Rafting equipment
- Lunch
- River guide

Excludes

- Personal travel insurance
- All airfares and taxes
- Personal expenses
- Surcharge for outskirts hotel

WHAT TO BRING

- Extra clothes (dark coloured, towel, etc)
- Sandals with strap/sport shoes
- Drinking water
- Waterproof bags
- Sunscreens
- Cap / hat

REMARKS

- Participants should be physically fit as this tour is fit for adventure enthusiast.
- Please inform us of any dietary request, such as vegetarian options or food allergies
- Jewelry and valuable items are not allowed to be worn or brought along during activities.
- Participants must trimmed fingernails and toenails

Terms and Conditions

- Validity 31st December 2024
- Activities are subject to weather conditions/departure time and may be re-organized to meet operational situation