



PHOTO CREDIT BY DICK JASON SAFAR (MT GUIDE)

TOUR CODE : DTS-BK1034
VALID UNTIL 31 DEC 26

3D2N -RM 3,290 Per Person Min 2 Pax

2D1N- RM 2,890 Per Person Min 2 Pax

for last minutes booking, please note that prices may vary depending on slot availability.
Booking for 2D1N stay may be made 30 days prior to the date of arrival.

Day 1 KKIA OR CITY HOTEL / KINABALU PARK (Dinner)

- Pickup from your hotel lobby or airport and depart on a **2 hours** journey to **Kinabalu Park Headquarter**.
- En route passing by villages and a panoramic vista of the valleys of the Crocker Range.
- Along the way, take a brief stop at Nabal. Nabal is a place where the local natives gather to sell local produce, fruits, home grown vegetables and handicraft souvenirs.
- Check into Kinabalu Park HQ Lodge or similar
- Rest of the day you are free at leisure.
- Dinner will be served at local restaurant and overnight.

Overnight stay at Kinabalu park or similar ROH – RUN OF HOUSE

Day 2 PARK HQ/TIMPOHON GATE/ASCEND MT KINABALU/LABAN RATA (Breakfast, Packed Lunch & Dinner)

- **Breakfast** at Liwagu Restaurant in Kinabalu Park. Before you leave, collect your packed lunch from the restaurant.
- Meet guide and proceed to the **Park HQ** to register for the climb.
- Our guide will arrange for all necessary registrations, assign you a mountain guide and apply for your ID TAG. **Remember to wear your ID TAG at all times.**
- You'll then be transferred to **starting point – Timpohon Gate** – where your journey and quest to the summit of Borneo's highest mountain begins! The climb will take approximately **4-5 hours**.
- The trek will pass by different vegetation zones from Oak and Chestnut to mossy and eventually to alpine type of vegetations.
- Arrive Panalaban Base Camp @ 3272m and check into your accommodation.
- Buffet Dinner at Laban Rata Restaurant and overnight

Overnight stay at Laban Rata rest house or similar - NON HEATED DORMITORY

Day 3 LOW'S PEAK / DESCEND MOUNT KINABALU / KOTA KINABALU (Early supper, Breakfast & Lunch)

- 0200hrs: Wake up for early supper and depart for continuation of journey towards the summit of Mount Kinabalu.
- The journey up to the Low's peak @ 4,095m will test your fitness and determination. Depending on speed of trekking, you might be able to experience the glorious sunrise over the majestic Mt. Kinabalu if weather permits.
- 0700hrs: Descend back to Panalaban Base Camp for late breakfast and check out. Trek down to Timpohon Gate for transfer back to the Kinabalu Park Headquarter (est. arrival 1300hrs to 1500hrs). Congratulations, you can now collect your Certificate of Achievement!
- Lunch will be served at the Local Restaurant in Kinabalu Park HQ area. **(12noon - 4.00pm)**
- Transfer back to Kota Kinabalu City. Journey takes approx. 2 hrs.

PACKAGE INCLUDES :

- RETURN TRANSFER FROM KKIA OR CITY HOTEL - KINABALU PARK – CITY HOTEL OR KKIA
- MOUNTAIN GUIDE
- MEALS AS STATED IN ITINERARY
- ACCOMMODATION - RUN OF HOUSE
- CLIMB PERMIT, CONSERVATION FEES, CERTIFICATE, MOUNTAIN GUIDE, INSURANCE, KOKTAS TRANSFER (HQ-TIMPOHON-HQ)

PACKAGE EXCLUDES :

- RETURN TRANSFER AIR TICKET & PERSONAL TRAVEL INSURANCE
- FRUIT JUICE OR ALCOHOLIC BEVERAGES NOT MENTIONED AS PER ITINERARY
- TIPPING FEE
- PORTER FEES
- MALAYSIA TOURISM TAX (RM 10 PER ROOM PER NIGHT)
- AND ITEM NOT MENTIONED

Day 1 Kota Kinabalu/ Kinabalu Park HQ/ Timpohon Gate/ Ascend Mount Kinabalu/ Panalaban Base Camp (Packed Lunch & Dinner)

- **0630hrs - 0700hrs:** Pick-up from your hotel lobby and depart on a 2 hrs journey to Kinabalu Park Headquarter. Collect your **packed lunch**.
- **0900hrs:** Our guide will arrange for all necessary registrations, assign you a mountain **guide and apply for your ID TAG**. Remember to wear your ID TAG at all times.
- You'll then be transferred to **starting point – Timpohon Gate** – where your journey and quest to the summit of Borneo's highest mountain begins!
- The climb will take approximately **4-5 hours**.
- The trek will pass by different vegetation zones from Oak and Chestnut to mossy and eventually to alpine type of vegetations.
- Arrive Panalaban Base Camp @ 3272m and check into your accommodation.
- **Buffet Dinner** at Laban Rata Restaurant and overnight.

Overnight stay at Laban Rata rest house or similar - NON HEATED DORMITORY

Day 2 LOW'S PEAK / DESCEND MOUNT KINABALU / KOTA KINABALU (Early supper, Breakfast & Lunch)

- **0200hrs:** Wake up for early supper and depart for continuation of journey towards the summit of Mount Kinabalu. The journey up to the Low's peak @ 4,095m will test your fitness and determination. Depending on speed of trekking, you might be able to experience the glorious sunrise over the majestic Mt. Kinabalu if weather permits.
- **0700hrs:** Descend back to Panalaban Base Camp for late breakfast and check out.
- Trek down to Timpohon Gate for transfer back to the Kinabalu Park Headquarter (est. arrival **1300hrs to 1500hrs**). Congratulations, you can now collect your Certificate of Achievement!
- Buffet lunch will be served at Liwagu Restaurant in Kinabalu Park. **(12noon - 4.00pm)**
- Transfer back to Kota Kinabalu City. Journey takes approx. 2 hours.

IT IS RECOMMENDED THAT ALL CLIMBERS SHOULD HAVE THEMSELVES MEDICALLY CHECKED BEFORE ATTEMPTING ANY MOUNTAIN CLIMB. IF YOU HAVE A HISTORY OF SUFFERING FROM THE FOLLOWING AILMENTS, IT IS HIGHLY RECOMMEND THAT YOU SHOULD REFRAIN FROM CLIMBING:
HYPERTENSION, DIABETES, PALPITATION, ARTHRITIS, HEART DISEASE, SEVERE ANEMIA, PEPTIC ULCERS, EPILEPTIC FITS, OBESITY (OVERWEIGHT), CHRONIC ASTHMA, MUSCULAR CRAMPS, HEPATITIS (JAUNDICE);
OR ANY OTHER DISEASE WHICH MAY HAMPER THE CLIMBER.

THINGS YOU SHOULD PREPARE :

- WATERPROOF BACKPACK TO STORE YOUR ITEMS
- TREKKING OR RUNNING SHOES WITH GOOD GRIP
- WARM CLOTHING/ LONG SLEEVES SHIRT/ HIKING PANTS
- JACKET/WIND BREAKER, EXTRA CLOTHING, DISPOSABLE RAINCOATS, SOCKS AND SMALL TOWEL, HAND GLOVES AND WINTER HAT,
- **HEAD TORCH (COMPULSORY) ,**
- PERSONAL TOILETRIES, REFILLABLE WATER BOTTLE (0.5 - 1 LITRE)
- HIGH ENERGY FOOD SUCH AS CHOCOLATES, NUTS, BISCUITS, SWEETS, ENERGY BARS,
- MEDICATION SUCH AS HEADACHE TABLETS OR ALTITUDE SICKNESS TABLETS
- SUN BLOCK LOTION, LIP GLOSS, PLASTERS/ BAND-AID,
- INSECT REPELLENT, CAMERA WITH WATER PROOF BAG,
- SANDALS / SLIPPERS, PLASTIC BAGS TO KEEP YOUR ITEMS DRY